

ARM YOURSELVES

A Study of 1 Peter



1 Peter 4

**1 Since therefore Christ suffered in the flesh,
arm yourselves with the same way of thinking**

**Men May Be Able to Avoid Dementia
by Marrying Intelligent Women,
Researchers Say**

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Thessalonica

BITHYNIA & PONTUS

GALATIA

ASIA

CAPPADOCIA

Corinth

Athens

Ephesus

Tarsus

Antioch

MEDITERRANEAN SEA

0 50 mi
0 50 km

REDIRECTION of FAITH & FOCUS

1. Then and not Now
2. There and not Here
3. Him and not Us
4. We and not Me
5. Soul and not Body
6. Believing and not Seeing

1 Peter 1

1 Peter, an apostle of Jesus Christ,

To God's elect, exiles scattered throughout the provinces of Pontus, Galatia, Cappadocia, Asia and Bithynia,

2 who have been chosen according to the foreknowledge of God the Father, through the sanctifying work of the Spirit, to be obedient to Jesus Christ and sprinkled with his blood:

Grace and peace be yours in abundance.

God's elect have been chosen to be obedient to Jesus Christ and sprinkled with his blood

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