

ARM YOURSELVES

A Study of 1 Peter



1 Peter 4

**1 Since therefore Christ suffered in the flesh,
arm yourselves with the same way of thinking**

Two things Peter commands us to do

1. Abstain from the desires of the flesh
2. Conduct ourselves with honor

Three superhuman traits that Christ modeled

- **Substitution** -
- **Suffering** -
- **Submission** -



Why Do We Do What We Do?

We do what we do because we want what we want
- We live for human desires



Philippians 3

17 Join one another in following my example, brothers, and carefully observe those who live according to the pattern we set for you. **18** For as I have often told you before, and now declare even with tears: Many live as enemies of the cross of Christ. **19** Their end is destruction, their god is their belly, and their glory is in their shame. Their minds are set on earthly things.

Why Do We Do What We Do?

We do what we do because we want what we want

- We live for human desires

In Christ – we do what we do because we believe what we believe

- We live by faith



1 Peter 4

1 Therefore, since Christ suffered in His body, arm yourselves with the same resolve, because anyone who has suffered in his body is done with sin. 2 Consequently, he does not live out his remaining time on earth for human passions, but for the will of God.

Galatians 2

20 I have been crucified with Christ, and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave Himself up for me.

Hebrews 11

32 And what more shall I say? I do not have time to tell about Gideon, Barak, Samson and Jephthah, about David and Samuel and the prophets, 33 who through faith conquered kingdoms, administered justice, and gained what was promised; who shut the mouths of lions, 34 quenched the fury of the flames, and escaped the edge of the sword; whose weakness was turned to strength; and who became powerful in battle and routed foreign armies. 35 Women received back their dead, raised to life again.

Hebrews 11

There were others who were tortured, refusing to be released so that they might gain an even better resurrection. 36 Some faced jeers and flogging, and even chains and imprisonment. 37 They were put to death by stoning; they were sawed in two; they were killed by the sword. They went about in sheepskins and goatskins, destitute, persecuted and mistreated— 38 the world was not worthy of them. They wandered in deserts and mountains, living in caves and in holes in the ground.

Hebrews 11:39 These were all commended for their faith, yet none of them received what had been promised, 40 since God had planned something better for us so that only together with us would they be made perfect.

Hebrews 12:Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us,

Hebrews 12

2 fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. 3 Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart.

Three Essentials of a Stripped-down Gospel

1. The **ONLY** thing that matters is my next life – not this one



Luke 13

1 Now there were some present at that time who told Jesus about the Galileans whose blood Pilate had mixed with their sacrifices. 2 Jesus answered, “Do you think that these Galileans were worse sinners than all the other Galileans because they suffered this way? 3 I tell you, no! But unless you repent, you too will all perish.

4 Or those eighteen who died when the tower in Siloam fell on them—do you think they were more guilty than all the others living in Jerusalem? 5 I tell you, no! But unless you repent, you too will all perish.”

Mark 1

14 After John was put in prison, Jesus went into Galilee, proclaiming the good news of God. 15 “The time has come,” he said. “The kingdom of God has come near. Repent and believe the good news!”


1 Corinthians 15

13 If there is no resurrection of the dead, then not even Christ has been raised. 14 And if Christ has not been raised, our preaching is useless and so is your faith. ...16 For if the dead are not raised, then Christ has not been raised either. 17 And if Christ has not been raised, your faith is futile; you are still in your sins. 18 Then those also who have fallen asleep in Christ are lost. 19 If only for this life we have hope in Christ, we are of all people most to be pitied.

Hebrews 2

14 Since the children have flesh and blood, he too shared in their humanity so that by his death he might break the power of him who holds the power of death—that is, the devil—
15 and free those who all their lives were held in slavery by their fear of death.

Three Essentials of a Stripped-down Gospel

1. The only thing that matters is my next life – not this one
 2. The only thing that matters is other people's next life – not this one
 3. My life here on earth belongs to God to spend as He sees fit to achieve His glory and His purposes
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- A silhouette of a person standing on a dark ledge or platform, looking out over a vast, hazy landscape under a cloudy sky. The person's hands are on their hips, and they are facing right. The background is a mix of blue and grey tones, suggesting a dawn or dusk setting.

2 Corinthians 4:8 We are hard pressed on every side, but not crushed; perplexed, but not in despair; 9 persecuted, but not abandoned; struck down, but not destroyed. 10 We always carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body. 11 For we who are alive are always being given over to death for Jesus' sake, so that his life may also be revealed in our mortal body. 12 So then, death is at work in us, but life is at work in you.



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