

# ARM YOURSELVES

A Study of 1 Peter



## **1 Peter 4**

**1 Since therefore Christ suffered in the flesh,  
arm yourselves with the same way of thinking**

## **1 Corinthians 2**

**7 But we speak of a secret and hidden wisdom of God, which God decreed before the ages for our glory. 8 None of the rulers of this age understood it. For if they had, they would not have crucified the Lord of glory.**

## **1 Peter 3**

**1 Wives, in the same way, submit yourselves to your husbands, so that even if some do not obey the word, they may be won over without words by the conduct of their wives,<sup>2</sup> when they see your pure and reverent demeanor.**

# 1 Peter 3

3 Your beauty should not come from outward adornment such as braided hair or gold jewelry or fine clothes, 4 but from the inner disposition of your heart, the unfading beauty of a gentle and quiet spirit, which is precious in God's sight. 5 For this is how the holy women of the past adorned themselves. They put their hope in God and were subject to their husbands, 6 just as Sarah obeyed Abraham and called him lord. You are her children if you do what is right and do not give way to fear.

## **1 Peter 3**

**7 Husbands, in the same way, treat your wives with consideration as a delicate vessel, and with honor as fellow heirs of the gracious gift of life, so that your prayers will not be hindered.**

**A Strategy to Employ**  
**A Spirit to Exude**  
**A Design to Embrace**



# A Strategy to Employ



I Peter 3

I Wives, in the same way, submit yourselves to your husbands, so that even if some do not obey the word, they may be won over without words by the conduct of their wives, 2 when they see your pure and reverent demeanor.

# A Spirit to Exude

I Peter 3

3 Your beauty should not come from outward adornment such as braided hair or gold jewelry or fine clothes, 4 but from the inner disposition of your heart, the unfading beauty of a gentle and quiet spirit, which is precious in God's sight.





## 1 Peter 2

23 When they heaped abuse on Him, He did not retaliate; when He suffered, He made no threats, but entrusted Himself to Him who judges justly.

# A Design to Embrace

God's created design of headship in marriage



## Ephesians 5

**21 Submit to one another out of reverence for Christ.**

**22 Wives, submit to your husbands as to the Lord. 23 For the husband is head of the wife, just as Christ is the head of the church, His body, of which He is the Savior. 24 Now as the church submits to Christ, so also wives should submit to their husbands in everything.**

## Ephesians 5

25 Husbands, love your wives, just as Christ loved the church and gave Himself up for her 26 to sanctify her, cleansing her by the washing with water through the word, 27 and to present her to Himself as a glorious church, without stain or wrinkle or any such blemish, but holy and blameless.

## Ephesians 5

**28 In the same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself. 29 Indeed, no one ever hated his own body, but he nourishes and cherishes it, just as Christ does the church. 30 For we are members of His body.**

## Ephesians 5

31“For this reason a man will leave his father and mother and be united to his wife, and the two will become one flesh.” 32 This mystery is profound, but I am speaking about Christ and the church. 33 Nevertheless, each one of you also must love his wife as he loves himself, and the wife must respect her husband.

# ARM YOURSELVES

A Study of 1 Peter



## **1 Peter 4**

**1 Since therefore Christ suffered in the flesh,  
arm yourselves with the same way of thinking**