

ARM YOURSELVES

A Study of 1 Peter



1 Peter 4

**1 Since therefore Christ suffered in the flesh,
arm yourselves with the same way of thinking**

1 Peter 4

7 The end of all things is near. Therefore be clear minded and sober, so you can pray.

8 Above all, love one another deeply, because love covers over a multitude of sins.

7 ...Therefore be clear minded and sober, so you can pray.

1. Sober and clear mind
2. A Self-controlled mind
3. An Alert Mind
4. A Calm or stable mind

Ephesians 6

18 And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. 19 Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel, 20 for which I am an ambassador in chains. Pray that I may declare it fearlessly, as I should.

6 Conditions that Hinder the Effectiveness of Our Prayer Life

1. Not praying
2. Praying with selfish motives

James 4:1 What causes fights and quarrels among you? Don't they come from your desires that battle within you? 2 You desire but do not have, so you kill. You covet but you cannot get what you want, so you quarrel and fight. You do not have because you do not ask God. 3 When you ask, you do not receive, because you ask with wrong motives, that you may spend what you get on your pleasures.

1 John 5:14 This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. 15 And if we know that he hears us—whatever we ask—we know that we have what we asked of him.

6 Conditions that Hinder the Effectiveness of Our Prayer Life

1. Not praying
2. Praying with selfish motives
3. Unforgiving heart/broken relationships

Mark 11:25 And when you stand praying, if you hold anything against anyone, forgive them, so that your Father in heaven may forgive you your sins.”

1 Peter 3:7 Husbands, in the same way be considerate as you live with your wives, and treat them with respect as the weaker partner and as heirs with you of the gracious gift of life, so that nothing will hinder your prayers.

6 Conditions that Hinder the Effectiveness of Our Prayer Life

1. Not praying
2. Praying with selfish motives
3. Unforgiving heart/broken relationships
4. Living in sin (unrepentant heart)

Isaiah 59

1 Surely the arm of the Lord is not too short to save, nor his ear too dull to hear.

2 But your iniquities have separated you from your God; your sins have hidden his face from you, so that he will not hear.

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2. Praying with selfish motives
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4. Living in sin (unrepentant heart)
5. Doubt

James 1

5 If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. 6 But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind. 7 That person should not expect to receive anything from the Lord. 8 Such a person is double-minded and unstable in all they do.

6 Conditions that Hinder the Effectiveness of Our Prayer Life

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2. Praying with selfish motives
3. Unforgiving heart/broken relationships
4. Living in sin (unrepentant heart)
5. Doubt
6. Not persevering in prayer

Luke 11

5 Then Jesus said to them, "Suppose you have a friend, and you go to him at midnight and say, 'Friend, lend me three loaves of bread; 6 a friend of mine on a journey has come to me, and I have no food to offer him.' 7 And suppose the one inside answers, 'Don't bother me. The door is already locked, and my children and I are in bed. I can't get up and give you anything.' 8 I tell you, even though he will not get up and give you the bread because of friendship, yet because of your shameless audacity he will surely get up and give you as much as you need.

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