Ephesians 4:13 until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

1. Is my goal simply a good intention or is it a real commitment?

- Do I have a strategy for change?
- What lie(s) do I currently believe that need to be confronted?
- What thoughts must be taken captive?
- How much pain am I willing to go through to change?
- 2. How will my commitment to change glorify God?
- 3. How will my commitment to change bless others?
- 4. How will my commitment to change be powered by God?
- 5. What do I need to subtract so that I can add this commitment?
- 6. Where are my weak points that will need guarded against?
- 7. What is the very first thing that I need to do to get started?

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