

# HOW DO YOU WALK?

EPHESIANS 4-6

# HOW DO YOU WALK?

- WHAT DOES THE BIBLE MEAN BY 'WALK'?
- HOW DO YOU WALK WHEN OTHERS ARE WATCHING?
- HOW DO YOU WALK WHEN NO ONE IS WATCHING?
- HOW DO YOU WALK WHEN THINGS ARE GOING WELL?
- HOW DO YOU WALK WHEN LIFE IS HARD, OR BAD THINGS HAPPEN?



# WAIT A MINUTE – IS THIS A SERMON SUGGESTING YOU NEED GOOD WORKS TO BE SAVED?

- ABSOLUTELY NOT!
- EPHESIANS 2: <sup>8</sup> FOR BY GRACE YOU HAVE BEEN SAVED THROUGH FAITH; AND THAT NOT OF YOURSELVES, *IT IS* THE GIFT OF GOD; <sup>9</sup> NOT AS A RESULT OF WORKS, SO THAT NO ONE MAY BOAST. <sup>10</sup> FOR WE ARE HIS WORKMANSHIP, CREATED IN CHRIST JESUS FOR GOOD WORKS, WHICH GOD PREPARED BEFOREHAND SO THAT WE WOULD WALK IN THEM.
- JAMES 1: <sup>22</sup> BUT PROVE YOURSELVES DOERS OF THE WORD, AND NOT MERELY HEARERS WHO DELUDE THEMSELVES.
- 1 JOHN 5: <sup>3</sup> FOR THIS IS THE LOVE OF GOD, THAT WE KEEP HIS COMMANDMENTS; AND HIS COMMANDMENTS ARE NOT BURDENSOME. <sup>4</sup> FOR WHATEVER IS BORN OF GOD OVERCOMES THE WORLD; AND THIS IS THE VICTORY THAT HAS OVERCOME THE WORLD— OUR FAITH.
- 1 CORINTHIANS 10: <sup>31</sup> WHETHER, THEN, YOU EAT OR DRINK OR WHATEVER YOU DO, DO ALL TO THE GLORY OF GOD.

# HOW DO YOU WALK?

WALK IN A MANNER WORTHY

EPHESIANS 4-6



# EPHESIANS 4

THEREFORE I, THE PRISONER OF THE LORD, IMPLORE YOU TO WALK IN  
A MANNER WORTHY OF THE CALLING WITH WHICH YOU HAVE  
BEEN CALLED

## EPHESIANS 1

<sup>1</sup> PAUL, AN APOSTLE OF CHRIST JESUS BY THE WILL OF GOD, TO THE SAINTS WHO ARE AT EPHESUS AND WHO ARE FAITHFUL IN CHRIST JESUS: <sup>2</sup> GRACE TO YOU AND PEACE FROM GOD OUR FATHER AND THE LORD JESUS CHRIST.

## EPHESIANS 3

<sup>20</sup> NOW TO HIM WHO IS ABLE TO DO FAR MORE ABUNDANTLY BEYOND ALL THAT WE ASK OR THINK, ACCORDING TO THE POWER THAT WORKS WITHIN US, <sup>21</sup> TO HIM BE THE GLORY IN THE CHURCH AND IN CHRIST JESUS TO ALL GENERATIONS FOREVER AND EVER. AMEN.



# WHO ARE YOU? EPHESIAN 1-3

- HOW DOES CREATOR GOD DESCRIBE YOU?

- Saint
- Faithful
- Graced
- Peaced
- Blessed
- Chosen
- Holy
- Blameless
- Predestined
- Adopted
- Redeemed
- Forgiven
- Enlightened
- Heir
- Worshiper
- Rich
- Empowered
- His Body
- Alive
- Raised Up
- Seated with Christ
- Graced
- His Workmanship
- Created for Good Works
- Brought Near
- United
- Access
- Citizens
- Kin
- Indwelled
- Heirs
- Members
- Partakers
- Instruments
- Bold
- Confident
- Strengthened
- Indwelled
- Loved
- Empowered

# EPHESIANS 4

- Humble

THEREFORE I, THE PRISONER OF THE LORD, IMPLORE YOU TO WALK IN A MANNER WORTHY OF THE CALLING WITH WHICH YOU HAVE BEEN CALLED, <sup>2</sup> WITH ALL HUMILITY AND GENTLENESS, WITH PATIENCE, SHOWING TOLERANCE FOR ONE ANOTHER IN LOVE, <sup>3</sup> BEING DILIGENT TO PRESERVE THE UNITY OF THE SPIRIT IN THE BOND OF PEACE.



## PHILIPPIANS 2

<sup>3</sup> DO NOTHING FROM SELFISHNESS OR EMPTY CONCEIT, BUT WITH HUMILITY OF MIND REGARD ONE ANOTHER AS MORE IMPORTANT THAN YOURSELVES; <sup>4</sup> DO NOT *MERELY* LOOK OUT FOR YOUR OWN PERSONAL INTERESTS, BUT ALSO FOR THE INTERESTS OF OTHERS. <sup>5</sup> HAVE THIS ATTITUDE IN YOURSELVES WHICH WAS ALSO IN CHRIST JESUS, <sup>6</sup> WHO, ALTHOUGH HE EXISTED IN THE FORM OF GOD, DID NOT REGARD EQUALITY WITH GOD A THING TO BE GRASPED, <sup>7</sup> BUT EMPTIED HIMSELF, TAKING THE FORM OF A BOND-SERVANT, AND BEING MADE IN THE LIKENESS OF MEN. <sup>8</sup> BEING FOUND IN APPEARANCE AS A MAN, HE HUMBLLED HIMSELF BY BECOMING OBEDIENT TO THE POINT OF DEATH, EVEN DEATH ON A CROSS.

# EPHESIANS 4

- Humble
- Gentle
- Patient
- Tolerant
- Unified

THEREFORE I, THE PRISONER OF THE LORD, IMPLORE YOU TO WALK IN A MANNER WORTHY OF THE CALLING WITH WHICH YOU HAVE BEEN CALLED, <sup>2</sup> WITH ALL HUMILITY AND GENTLENESS, WITH PATIENCE, SHOWING TOLERANCE FOR ONE ANOTHER IN LOVE, <sup>3</sup> BEING DILIGENT TO PRESERVE THE UNITY OF THE SPIRIT IN THE BOND OF PEACE.



# EPHESIANS 4

<sup>11</sup> AND HE GAVE SOME AS APOSTLES, AND SOME AS PROPHETS, AND SOME AS EVANGELISTS, AND SOME AS PASTORS AND TEACHERS, <sup>12</sup> FOR THE EQUIPPING OF THE SAINTS FOR THE WORK OF SERVICE, TO THE BUILDING UP OF THE BODY OF CHRIST; <sup>13</sup> UNTIL WE ALL ATTAIN TO THE UNITY OF THE FAITH, AND OF THE KNOWLEDGE OF THE SON OF GOD, TO A MATURE MAN, TO THE MEASURE OF THE STATURE WHICH BELONGS TO THE FULLNESS OF CHRIST.

- Humble
- Gentle
- Patient
- Tolerant
- Unified
- Equipped
- Servant
- Built Up
- Unified
- Knowledgeable
- Mature

# PHILIPPIANS 1

6 *FOR I AM CONFIDENT OF THIS VERY THING, THAT HE WHO BEGAN A GOOD WORK IN YOU WILL PERFECT IT UNTIL THE DAY OF CHRIST JESUS.*



# EPHESIANS 4

**14** AS A RESULT, WE ARE NO LONGER TO BE CHILDREN, TOSSED HERE AND THERE BY WAVES AND CARRIED ABOUT BY EVERY WIND OF DOCTRINE, BY THE TRICKERY OF MEN, BY CRAFTINESS IN DECEITFUL SCHEMING; **15** BUT SPEAKING THE TRUTH IN LOVE, WE ARE TO GROW UP IN ALL ASPECTS INTO HIM WHO IS THE HEAD, *EVEN CHRIST*

- **Humble**
- **Gentle**
- **Patient**
- **Tolerant**
- **Unified**
- **Equipped**
- **Servant**
- **Built Up**
- **Unified**
- **Knowledgeable**
- **Mature**
- **Discerning**
- **Truth Speaker**
- **Grown Up**

# EPHESIANS 4

**17** SO THIS I SAY, AND AFFIRM TOGETHER WITH THE LORD, THAT YOU WALK NO LONGER JUST AS THE GENTILES ALSO WALK, IN THE FUTILITY OF THEIR MIND, **18** BEING DARKENED IN THEIR UNDERSTANDING, EXCLUDED FROM THE LIFE OF GOD BECAUSE OF THE IGNORANCE THAT IS IN THEM, BECAUSE OF THE HARDNESS OF THEIR HEART; **19** AND THEY, HAVING BECOME CALLOUS, HAVE GIVEN THEMSELVES OVER TO SENSUALITY FOR THE PRACTICE OF EVERY KIND OF IMPURITY WITH GREEDINESS.

- **Humble**
- **Gentle**
- **Patient**
- **Tolerant**
- **Unified**
- **Equipped**
- **Servant**
- **Built Up**
- **Unified**
- **Knowledgeable**
- **Mature**
- **Discerning**
- **Truth Speaker**
- **Grown Up**



# EPHESIANS 4

<sup>20</sup> BUT YOU DID NOT LEARN CHRIST IN THIS WAY, <sup>21</sup> IF INDEED YOU HAVE HEARD HIM AND HAVE BEEN TAUGHT IN HIM, JUST AS TRUTH IS IN JESUS, <sup>22</sup> THAT, IN REFERENCE TO YOUR FORMER MANNER OF LIFE, YOU LAY ASIDE THE OLD SELF, WHICH IS BEING CORRUPTED IN ACCORDANCE WITH THE LUSTS OF DECEIT, <sup>23</sup> AND THAT YOU BE RENEWED IN THE SPIRIT OF YOUR MIND, <sup>24</sup> AND PUT ON THE NEW SELF, WHICH IN *THE LIKENESS OF GOD* HAS BEEN CREATED IN RIGHTEOUSNESS AND HOLINESS OF THE TRUTH.

- Humble
- Gentle
- Patient
- Tolerant
- Unified
- Equipped
- Servant
- Built Up
- Unified
- Knowledgeable
- Mature
- Discerning
- Truth Speaker
- Grown Up
- Put Off Old
- Renewed Mind

## ROMAN 12

<sup>2</sup> AND DO NOT BE CONFORMED TO THIS WORLD, BUT BE TRANSFORMED BY THE RENEWING OF YOUR MIND, SO THAT YOU MAY PROVE WHAT THE WILL OF GOD IS, THAT WHICH IS GOOD AND ACCEPTABLE AND PERFECT.



# EPHESIANS 4

<sup>20</sup> BUT YOU DID NOT LEARN CHRIST IN THIS WAY, <sup>21</sup> IF INDEED YOU HAVE HEARD HIM AND HAVE BEEN TAUGHT IN HIM, JUST AS TRUTH IS IN JESUS, <sup>22</sup> THAT, IN REFERENCE TO YOUR FORMER MANNER OF LIFE, YOU LAY ASIDE THE OLD SELF, WHICH IS BEING CORRUPTED IN ACCORDANCE WITH THE LUSTS OF DECEIT, <sup>23</sup> AND THAT YOU BE RENEWED IN THE SPIRIT OF YOUR MIND, <sup>24</sup> AND PUT ON THE NEW SELF, WHICH IN *THE LIKENESS OF GOD* HAS BEEN CREATED IN RIGHTEOUSNESS AND HOLINESS OF THE TRUTH.

- Humble
- Gentle
- Patient
- Tolerant
- Unified
- Equipped
- Servant
- Built Up
- Unified
- Knowledgeable
- Mature
- Discerning
- Truth Speaker
- Grown Up
- Put Off Old
- Renewed Mind
- Put on New

# EPHESIANS 4

**25** THEREFORE, LAYING ASIDE FALSEHOOD, SPEAK TRUTH EACH ONE OF YOU WITH HIS NEIGHBOR, FOR WE ARE MEMBERS OF ONE ANOTHER. **26** BE ANGRY, AND YET DO NOT SIN; DO NOT LET THE SUN GO DOWN ON YOUR ANGER, **27** AND DO NOT GIVE THE DEVIL AN OPPORTUNITY. **28** HE WHO STEALS MUST STEAL NO LONGER; BUT RATHER HE MUST LABOR, PERFORMING WITH HIS OWN HANDS WHAT IS GOOD, SO THAT HE WILL HAVE SOMETHING TO SHARE WITH ONE WHO HAS NEED. **29** LET NO UNWHOLESOME WORD PROCEED FROM YOUR MOUTH, BUT ONLY SUCH A WORD AS IS GOOD FOR EDIFICATION ACCORDING TO THE NEED OF THE MOMENT, SO THAT IT WILL GIVE GRACE TO THOSE WHO HEAR.

- Humble
- Gentle
- Patient
- Tolerant
- Unified
- Equipped
- Servant
- Built Up
- Unified
- Knowledgeable
- Mature
- Discerning
- Truth Speaker
- Grown Up
- Put Off Old
- Renewed Mind
- Put on New
- Don't Lie
- Speak Truth
- Angry w/o Sin
- Don't Steal/Labor
- Share w/Needy
- Good Speech



# EPHESIANS 5

- Be Godlike
- Love Others
- Purge Impurity
- Give Thanks

THEREFORE BE IMITATORS OF GOD, AS BELOVED CHILDREN; <sup>2</sup> AND WALK IN LOVE, JUST AS CHRIST ALSO LOVED YOU AND GAVE HIMSELF UP FOR US, AN OFFERING AND A SACRIFICE TO GOD AS A FRAGRANT AROMA.

<sup>3</sup> BUT IMMORALITY OR ANY IMPURITY OR GREED MUST NOT EVEN BE NAMED AMONG YOU, AS IS PROPER AMONG SAINTS; <sup>4</sup> AND THERE MUST BE NO FILTHINESS AND SILLY TALK, OR COARSE JESTING, WHICH ARE NOT FITTING, BUT RATHER GIVING OF THANKS.

# EPHESIANS 5

<sup>6</sup> LET NO ONE DECEIVE YOU WITH EMPTY WORDS, FOR BECAUSE OF THESE THINGS THE WRATH OF GOD COMES UPON THE SONS OF DISOBEDIENCE. <sup>7</sup> THEREFORE DO NOT BE PARTAKERS WITH THEM; <sup>8</sup> FOR YOU WERE FORMERLY DARKNESS, BUT NOW YOU ARE LIGHT IN THE LORD; WALK AS CHILDREN OF LIGHT <sup>9</sup> (FOR THE FRUIT OF THE LIGHT *CONSISTS* IN ALL GOODNESS AND RIGHTEOUSNESS AND TRUTH), <sup>10</sup> TRYING TO LEARN WHAT IS PLEASING TO THE LORD. <sup>11</sup> DO NOT PARTICIPATE IN THE UNFRUITFUL DEEDS OF DARKNESS, BUT INSTEAD EVEN EXPOSE THEM;

- Be Godlike
- Love Others
- Purge Impurity
- Give Thanks
- Don't Be Deceived
- Don't Partake in Darkness
- Learn Truth
- Expose Darkness



# EPHESIANS 5

**15** THEREFORE BE CAREFUL HOW YOU WALK, NOT AS UNWISE MEN BUT AS WISE, **16** MAKING THE MOST OF YOUR TIME, BECAUSE THE DAYS ARE EVIL. **17** SO THEN DO NOT BE FOOLISH, BUT UNDERSTAND WHAT THE WILL OF THE LORD IS. **18** AND DO NOT GET DRUNK WITH WINE, FOR THAT IS DISSIPATION, BUT BE FILLED WITH THE SPIRIT, **19** SPEAKING TO ONE ANOTHER IN PSALMS AND HYMNS AND SPIRITUAL SONGS, SINGING AND MAKING MELODY WITH YOUR HEART TO THE LORD; **20** ALWAYS GIVING THANKS FOR ALL THINGS IN THE NAME OF OUR LORD JESUS CHRIST TO GOD, EVEN THE FATHER; **21** AND BE SUBJECT TO ONE ANOTHER IN THE FEAR OF CHRIST.

- Be Godlike
- Love Others
- Purge Impurity
- Give Thanks
- Don't Be Deceived
- Don't Partake in Darkness
- Learn Truth
- Expose Darkness
- Be Careful/Wise
- Don't waste time
- Understand Lord's Will
- Don't get Drunk
- Be Spirit Filled
- Be Thankful
- Be Subject to One Another

# EPHESIANS 5-6

## VERSES 5:22-6:9 BIBLICAL ROLES/RELATIONSHIPS

**22** WIVES, BE SUBJECT TO YOUR OWN HUSBANDS, AS TO THE LORD.

**25** HUSBANDS, LOVE YOUR WIVES, JUST AS CHRIST ALSO LOVED THE CHURCH AND GAVE HIMSELF UP FOR HER

**28** SO HUSBANDS OUGHT ALSO TO LOVE THEIR OWN WIVES AS THEIR OWN BODIES.

**33** NEVERTHELESS, EACH INDIVIDUAL AMONG YOU ALSO IS TO LOVE HIS OWN WIFE EVEN AS HIMSELF, AND THE WIFE MUST SEE TO IT THAT SHE RESPECTS HER HUSBAND.



# EPHESIANS 5-6

## VERSES 5:22-6:9 BIBLICAL ROLES/RELATIONSHIPS

6:1 CHILDREN, OBEY YOUR PARENTS IN THE LORD, FOR THIS IS RIGHT. <sup>2</sup> HONOR YOUR FATHER AND MOTHER (WHICH IS THE FIRST COMMANDMENT WITH A PROMISE), <sup>3</sup> SO THAT IT MAY BE WELL WITH YOU, AND THAT YOU MAY LIVE LONG ON THE EARTH.

<sup>4</sup> FATHERS, DO NOT PROVOKE YOUR CHILDREN TO ANGER, BUT BRING THEM UP IN THE DISCIPLINE AND INSTRUCTION OF THE LORD.

<sup>5</sup> SLAVES, BE OBEDIENT TO THOSE WHO ARE YOUR MASTERS ACCORDING TO THE FLESH, WITH FEAR AND TREMBLING, IN THE SINCERITY OF YOUR HEART, AS TO CHRIST; <sup>6</sup> NOT BY WAY OF EYESERVICE, AS MEN-PLEASERS, BUT AS SLAVES OF CHRIST, DOING THE WILL OF GOD FROM THE HEART.

<sup>9</sup> AND MASTERS, DO THE SAME THINGS TO THEM, AND GIVE UP THREATENING, KNOWING THAT BOTH THEIR MASTER AND YOURS IS IN HEAVEN, AND THERE IS NO PARTIALITY WITH HIM.



# EPHESIANS 6 ARMOR OF GOD

<sup>10</sup> FINALLY, BE STRONG IN THE LORD AND IN THE STRENGTH OF HIS MIGHT. <sup>11</sup> PUT ON THE FULL ARMOR OF GOD, SO THAT YOU WILL BE ABLE TO STAND FIRM AGAINST THE SCHEMES OF THE DEVIL. <sup>12</sup> FOR OUR STRUGGLE IS NOT AGAINST FLESH AND BLOOD, BUT AGAINST THE RULERS, AGAINST THE POWERS, AGAINST THE WORLD FORCES OF THIS DARKNESS, AGAINST THE SPIRITUAL FORCES OF WICKEDNESS IN THE HEAVENLY PLACES. <sup>13</sup> THEREFORE, TAKE UP THE FULL ARMOR OF GOD, SO THAT YOU WILL BE ABLE TO RESIST IN THE EVIL DAY, AND HAVING DONE EVERYTHING, TO STAND FIRM. <sup>14</sup> STAND FIRM THEREFORE, HAVING GIRDED YOUR LOINS WITH TRUTH, AND HAVING PUT ON THE BREASTPLATE OF RIGHTEOUSNESS, <sup>15</sup> AND HAVING SHOD YOUR FEET WITH THE PREPARATION OF THE GOSPEL OF PEACE; <sup>16</sup> IN ADDITION TO ALL, TAKING UP THE SHIELD OF FAITH WITH WHICH YOU WILL BE ABLE TO EXTINGUISH ALL THE FLAMING ARROWS OF THE EVIL ONE. <sup>17</sup> AND TAKE THE HELMET OF SALVATION, AND THE SWORD OF THE SPIRIT, WHICH IS THE WORD OF GOD.

- **Be Strong**
- **Put on Full Armor**
- **Stand Firm**
- **Belt of Truth**
- **Breastplate of Righteousness**
- **Shoes of Gospel of Peace**
- **Shield of Faith**
- **Helmet of Salvation**
- **Sword of the Spirit/Word of God**



# HOW DO YOU WALK?

- HOW DO YOU WALK WHEN OTHERS ARE WATCHING?
- HOW DO YOU WALK WHEN NO ONE IS WATCHING?
- HOW DO YOU WALK WHEN THINGS ARE GOING WELL?
- HOW DO YOU WALK WHEN LIFE IS HARD, OR BAD THINGS HAPPEN?

# WALK IN A MANNER WORTHY!

- HUMBLE
- GENTLE
- PATIENT
- TOLERANT
- UNIFIED
- EQUIPPED
- SERVANT
- BUILT UP
- UNIFIED
- KNOWLEDGEABLE
- MATURE
- DISCERNING
- TRUTH SPEAKER
- GROWN UP
- PUT OFF OLD
- RENEWED MIND
- PUT ON NEW
- DON'T LIE
- SPEAK TRUTH
- ANGRY W/O SIN
- DON'T STEAL/LABOR
- SHARE W/NEEDY
- GOOD SPEECH
- BE GODLIKE
- LOVE OTHERS
- PURGE IMPURITY
- GIVE THANKS
- DON'T BE DECEIVED
- DON'T PARTAKE IN DARKNESS
- LEARN TRUTH
- EXPOSE DARKNESS
- BE CAREFUL/WISE
- DON'T WASTE TIME
- UNDERSTAND LORD'S WILL
- DON'T GET DRUNK
- BE SPIRIT FILLED
- BE THANKFUL
- BE SUBJECT TO ONE ANOTHER
- FULFILL BIBLICAL ROLES
  - WIVES
  - HUSBANDS
  - CHILDREN
  - WORKERS
  - BOSSES
- PUT ON THE ARMOR OF GOD



WALK IN A MANNER WORTHY!

EPHESIANS 3

<sup>20</sup> NOW TO HIM WHO IS ABLE TO DO FAR MORE ABUNDANTLY BEYOND ALL THAT WE ASK OR THINK, ACCORDING TO THE POWER THAT WORKS WITHIN US, <sup>21</sup> TO HIM *BE* THE GLORY IN THE CHURCH AND IN CHRIST JESUS TO ALL GENERATIONS FOREVER AND EVER. AMEN.