It is for freedom that Christ has set us free. Stand firm, then, and do not be encumbered once more by a yoke of slavery. Galatians 5:1

16 So I say, walk by the Spirit, and you will not gratify the desires of the flesh. 17 For the flesh craves what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are opposed to each other, so that you do not do what you want. 18 But if you are led by the Spirit, you are not under the law.

- 19 The acts of the flesh are obvious: sexual immorality, impurity, and debauchery;
- 20 idolatry and sorcery; hatred, discord, jealousy, and rage; selfish ambition, divisions, factions,
- 21 and envy; drunkenness, orgies, and the like.
- I warn you, as I did before, that those who practice such things will not inherit the kingdom of God.

# Galatians 5 22 But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, and self-control. Against such things there is no law.

24 Those who belong to Christ Jesus have crucified the flesh with its passions and desires. 25 Since we live by the Spirit, let us walk in step with the Spirit. 26 Let us not become conceited, provoking and envying one another.

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#### Galatians 5 24 Those who belong to Christ Jesus have crucified the flesh with its passions and desires.

Colossians 3:5 Put to death, therefore, the components of your earthly nature: sexual immorality, impurity, lust, evil desires, and greed, which is idolatry. 6 Because of these, the wrath of God is coming on the sons of disobedience.

# Galatians 5 24 Those who belong to Christ Jesus have crucified the flesh with its passions and desires.

Romans 6 10 The death He died, He died to sin once for all; but the life He lives, He lives to God. 11 So you too must count yourselves dead to sin, but alive to God in Christ Jesus.

24 Those who belong to Christ Jesus have crucified the flesh with its passions and desires. 25 Since we live by the Spirit, let us walk in step with the Spirit. 26 Let us not become conceited, provoking and envying one another.

Romans 7 15 I do not understand what I do. For what I want to do, I do not do. But what I hate, I do. 16 And if I do what I do not want to do, I admit that the law is good. 17 In that case, it is no longer I who do it, but it is sin living in me that does it.

#### Romans 7

18 I know that nothing good lives in me, that is, in my flesh; for I have the desire to do what is good, but I cannot carry it out.

19 For I do not do the good I want to do. Instead, I keep on doing the evil I do not want to do.

20 And if I do what I do not want, it is no longer I who do it, but it is sin living in me that does it.

#### Romans 7

21 So this is the principle I have discovered: When I want to do good, evil is right there with me.

22 For in my inner being I delight in God's law. 23 But I see another law at work in my body, warring against the law of my mind and holding me captive to the law of sin that dwells within me.

#### Romans 7

- 24 What a wretched man I am! Who will rescue me from this body of death?
- 25 Thanks be to God, through Jesus Christ our Lord!
- So then, with my mind I serve the law of God, but with my flesh I serve the law of sin.

#### Walk by the Spirit

Five myths about "walking in the Spirit"

1. We think there is a step-by-step plan, system, strategy, scheme, blueprint, method, for "walking by the Spirit".

The truth is that the Gospel is the power and the template for walking in the Spirit.

#### **Ephesians 4**

22 ... put off your former way of life, your old self, which is being corrupted by its deceitful desires;

23 to be renewed in the spirit of your minds;
24 and to put on the new self, created to be like
God in true righteousness and holiness.

### Walk by the Spirit

# We crucify the flesh (Put off the old man)

# We live by the Spirit (Put on the new man)

#### 1 John 3

9 Anyone born of God refuses to practice sin, because God's seed abides in him;

he cannot go on sinning, because he has been born of God.

10 By this the children of God are distinguished from the children of the devil:

Anyone who does not practice righteousness is not of God, nor is anyone who does not love his brother.

